### THEOLOGY VERSES TO MEMORIZE FOR VALOR WEEKS 1-3

Proverbs 1:7 "The fear of the Lord is the beginning of knowledge; Fools despise wisdom and instruction."

Proverbs 4:23 "Watch over your heart with all diligence, For from it flow the springs of life."

Proverbs 9:10-11 "The fear of the LORD is the beginning of wisdom, and the knowledge of the Holy One is understanding. For by me your days will be multiplied, and years of life will be added to you."

## Week 1 - Making Wisdom a Priority

### Read Proverbs 1 and 2.

What is something that stood out to you about wisdom in these chapters?

Why were the Proverbs written, according to Proverbs 1:1-5? (Fill in the blanks)

To\_\_\_\_\_ wisdom and \_\_\_\_\_.

To \_\_\_\_\_\_ the \_\_\_\_\_\_ of insight/understanding.

To receive instruction in wise \_\_\_\_\_\_, \_\_\_\_\_,

\_\_\_\_\_, and \_\_\_\_\_

To give prudence to the \_\_\_\_\_.

To give knowledge and discretion to the \_\_\_\_\_.

A wise man will hear and \_\_\_\_\_\_ and a man of understanding will

acquire/obtain \_\_\_\_\_\_.

What do you learn about Wisdom/knowledge in Proverbs 1:7?

What will Wisdom do to people who refuse her? (Proverbs 1:24-28)

2.)

- 3.)
- 4.)

\*Summarize the main idea of the four reasons you listed in the last answer:

What else will happen to people who refuse Wisdom? (Proverbs 1:31-32)

What assurance does Wisdom give in Proverbs 1:33?

Think through Proverbs 1:20-33 and use this passage to answer the next four questions.

How does wisdom present herself?

Is she easy to find or hard to find? On what verse(s) do you base your answer?

If a person rejects wisdom, what happens to them?

\*Can you think of a scenario where a person rejected wisdom and had to "eat the fruit of their own way" (deal with horrible consequences)?

What eight actions lead to wisdom and knowledge and understanding according to Proverbs 2:1-9? (Fill in the blanks.)

1.	Receive
2.	Freasure
3.	/lake your ear
4.	your heart to understanding.
5.	for discernment/insight.

6.	for understanding.				
7.					
8.					
What w	vill happen if you do these things? (Proverbs 2:5-6)				
Accord	ing to Proverbs 2:10-17, what are four ways that wisdom protects a person? (Fill in the blanks)				
1.	from the way of evil.				
2.	from the man who speaks perverse things/ from evil men.				
3.	from those who leave the paths of uprightness.				
4.	from the strange woman/the adulteress.				
* Have	you ever ignored "wise counsel" and regretted it later? What happened?				
*Wher	e do you currently go when you need advice?				
* Does	this source lead to wisdom or away from wisdom?				
*	re any area of your life where you ignore wisdom?				
is there any area of your life where you ignore wisdom?					
*What are practical ways we can pursue wisdom?					
* Which	h of these things that you wrote in the answer above do you currently do?				

# Week 2 - Instructions and Blessings; Fearing the Lord and the Blessings of Wisdom

#### Read Proverbs 3 and 8.

What is something that stood out to you about wisdom in these chapters?

What is the blessing listed in Proverbs 3:2?

What does a person have to do to get this blessing, according to Proverbs 3:1?

What is the blessing discussed in Proverbs 3:4?

What actions does Proverbs 3:3 talk about that result in this blessing?

What does it mean to demonstrate kindness and truth in your relationship and interactions?

How should a person trust in the Lord according to Proverbs 3:5?

What should a person not lean on? (Proverbs 3:5)

What blessing does Proverbs 3:8 present?

What actions bring the blessing of Proverbs 3:8? (Proverbs 3:7)

\*How can you apply this to your own life?

Many of the things that Proverbs 1 says about **Wisdom** are also found in Proverbs 8. Fill in the chart below with similar things about wisdom that are found in both chapters:

Clues	Proverbs 1	Proverbs 8
being loud		

gates	
simple/naive	
consequences	

How does Wisdom describe what she says in Proverbs 8:6-9?

What are four things that have less value than wisdom, according to Proverbs 8:10-11?

1.			
2.			
3.			
4.			

Write five phrases from chapter 8, verses 12-21 that mention money, riches, gold, silver, and/or wealth.

1.			
2.			
3.			
4.			
5.			

Wisdom describes being with God during creation. What did she come before? (Proverbs 8:22-26)

What are some of the events of creation that she mentions being present for according to Proverbs 8:27-29? (Fill in the blanks.)

Establishing the	 Inscribed a
0	

\_\_\_\_\_ the skies

\_\_\_\_\_ the springs of water

circle on \_\_\_\_\_

Set the boundary of \_\_\_\_\_

\*Write out Proverbs 8:35.

\*Why do you think that finding wisdom equates to finding life?

\*How can you apply what we studied this week to your own life?

### Week 3 - Guarding Your Heart

#### Read Proverbs 4.

What are some things that you protect and/or guard?

For what reasons do you guard each of these things?

Go through each thing you guard and write what could happen if you did not guard each item you listed. (You can also list things that other people guard and what might happen if those things are not guarded.)

What instructions are given in Proverbs 4:23?

One translation says "Above all else, guard your heart." Why do you think your heart is the most important thing you need to guard?

\*What do you think it means to watch over (guard, protect, keep) your heart?

\*What are some of the things that you are protecting your heart from? What things could be a danger to your heart?

\*How can you protect your heart from these things?

\*How do the things that a person watches, hears, and the things that they are exposed to influence what is in their heart?

Think about how you feel toward food when you are really hungry versus really full. What is the difference in how you feel about food?

What does Proverbs 27:7 say about the full person and the hungry person?

Think about this in terms of your heart. How would having a "full heart" help a person to resist sin?

What do you think is the link between being close to God and having a full heart? (See Psalm 16:11)

What does James 4:8 say will happen if you draw near to God?

How does a person keep their heart full so it does not love and treasure ungodly desires?

Since the heart is the most important thing we need to protect, how can a person make sure their heart is right in the sight of God?

Why does trying to please people and have approval from people keep a person from pleasing God?

Proverbs 4:24-27 contains practical ways for a person to guard their heart. What instructions are given in these verses?

While it is our job to guard our heart, what does Proverbs 4:5-6 say will guard us? And what do we have to do to get "guarded"?

What does Proverbs 4 say at	pout the wicked? (Fill in the blanks)	
	the path of the wicked	
	the way of evil people. Avoid it,	
	_ , turn away from it and	
For they cannot sleep unless		
For they eat	and drink the wine of	

The way of the wicked is like \_\_\_\_\_; they do not know over what they stumble.

In contrast to the wicked, what does Proverbs 4:18 tell us about the righteous?